



thevillagescaringneighbors.com

# CARING NEIGHBORS NEWS



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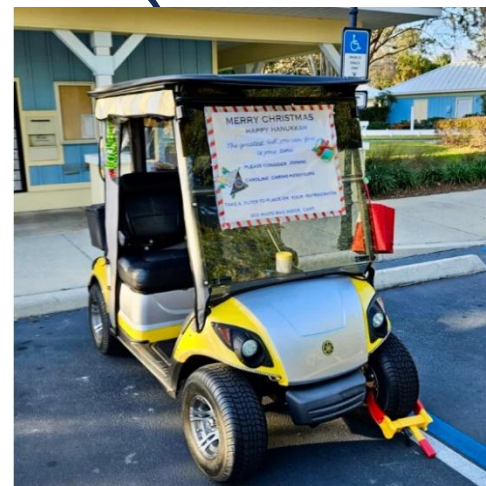
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## NOVEL IDEA FOR CONSIDERATION

When the Caroline CN Group was just forming, they couldn't get enough people to pass out flyers at the postal station. So, 3 gals, rotated days, they decorated their carts and left them parked at the postal station. Flyers and applications were in small bags hung from the side mirrors.

At their second meeting, they had 20 new people who were interested. People took the papers and 10 of them came in with papers and 7 signed up.

Perhaps other CN Groups may want to give this a try.



## MEET SCOTT PRENAVO



Scott Prenavo is currently the Director of the Moultrie Creek/Shady Brook CN Group, and he has just agreed to simultaneously serve on the Executive Board as Secretary.

Scott was born in St. Louis, MO. He and Amy (his wife of 41 years) were high school sweethearts. After working in the Optical Industry for his entire career with travel across the United States and internationally, Scott and Amy retired to The Villages in June, 2024 and immediately started volunteering.

Besides his volunteer work, Scott works part time at a golf course and he enjoys playing golf several times a week.

He and Amy have also volunteered to Chair the 2026 Caring Neighbors Volunteer Appreciation Event. Where he finds the time for everything remains a mystery. When Scott jumps in, it is with both feet.

## ALL ARE WELCOME - PUBLIC IS INVITED

Hadley Caring Neighbors will have a guest speaker at the February meeting. Janice Martin is an advocate for all seniors and is willing to help regardless of their financial status, mental or physical health. She is the owner of Senior Liaison of Central Florida and works as an Elder Care Manager and Senior Advocate.

All CN volunteers and the general public are invited to the meeting at **Colony Cottage Rec. Ctr., in the Study Room at 10:00 am, on Wednesday February 11, 2026.**

PLEASE RSVP to [tvcn.hadley.director@gmail.com](mailto:tvcn.hadley.director@gmail.com).



## UPCOMING CN EVENTS

- Feb. 11 Hadley CN Meeting  
10 am – Colony Cottage  
Guest speaker: Janice Martin  
Senior Liaison of Central Florida
- Feb. 18 Service Coordinator Workshop  
10 am – Rohan Rec. Ctr.
- Feb. 26 Executive Board Meeting  
10 am - President's Home
- Feb. 27 Full Board Meeting  
10 am - Colony Cottage



## TLC Mental Health Professional News

A good video for the month of February presented by Lucille Karatzas:  
“Loving Yourself: Be Your Own Valentine.”

This presentation focuses on self-love and self-appreciation. It will empower you to build confidence, practice self-care, and foster a healthy relationship with yourself (20 min). Copy the link below into your browser:

<https://www.youtube.com/watch?v=k3X9vaqqrBs>

New group starting in February presented by Judy Maloney, Licensed Mental Health Counselor  
“Moving Through Grief”

When a loved one dies, whether a spouse, family member, or friend, we can feel lost and alone. Being with others who understand can ease the pain and guide us toward healing.

February 3 - March 10 (6 weeks) Tuesdays from 9:30 - 11 am  
Lake Miona Rec Center, 1480 Buena Vista Blvd.

For more information about Transition Life Consultants, go to [tlc-services.org](http://tlc-services.org)

“Life isn’t about waiting for the storm to pass; it’s about learning to dance in the rain.” – Vivian Green



Submit news items, events, and photos  
for the March CN Newsletter to  
[ab.ultimateassistant@gmail.com](mailto:ab.ultimateassistant@gmail.com)  
NO LATER THAN FEBRUARY 20, 2026